

Flavors of Sicily

A Private Culinary Adventure

Personally Escorted by Ciya Martorana



September 18-30, 2011

The largest island in the Mediterranean, Sicily is a unique place filled with art, archeology, history, folklore and breathtaking scenery. Explore Palermo, the island's capital, tour its magnificent cathedral and Norman Palace. Walk the charming cobblestone streets in Erice, try the local marzipan. Travel to picturesque Cefalù, a seaside town with a wonderful cathedral. Sample the sea salt "farmed" in nearby Trapani and visit the new Museum of Salt, taste the marsala wine at its source! Explore the wonderfully-well-preserved Greek temples at Agrigento and the ancient remains in Syracuse, marvel at the superb mosaics at the Roman villa near Piazza Armerina and superb Byzantine glass mosaics at Monreale. Travel through lovely rolling countryside with colorful agricultural displays in the island's mountainous center. Wonder at the breathtaking beauty of Mt. Etna and the cerulean blue sea lying far below charming Taormina. Sicily is a land of great food and wines as well. Surrounded by water, the island is known for its seafood, especially its anchovies, tuna, swordfish and sardines. Fruits and vegetables also abound, and are artfully arranged in some of the open-air markets we visit. Taste some of the finest olive oil in the world and sample the unique cheeses. And don't miss the wonderful Sicilian desserts such as cassata and cannole, and the superb lemon granite. Wash it all down with one of the wines for which the island is known, or with a glass of the unique almond wine made on the island. Join us in this wine and culinary tour of magical Sicily, personally escorted by Carpaccio Restaurant's own Ciya Martorana. Tour limited to 16 participants only.